



**Uimhir Thagarta Uathúil:** CRK-C155-DEV21-339

**Údar:** Cathal Kerrigan

**Stádas:** Submitted

**Aighneacht:** Cycling retirees health fitness

**Comhairliúchán:**

Draft Cork City Development Plan 2022-2028

**Dáta a cuireadh isteach:** 04.10.2021 - 14:59

---

## Facilitating cycling for health & well being

**Caibidil:** Volume 1 - Written Statement» 4. Transport and  
Mobility

**Ábhair:** Cycle  
network

I have cycled in and around Cork City for the past fifty years - travelling to college, work, for recreation, etc. Now as a retiree I am cycling still and find it a way to bolster my health & well-being. I welcome and commend the recent commitments to prioritise pedestrians and cyclists and appreciate the upgrades in the city's cycling infrastructure. In particular may I mention the cycle lanes on **Ballyhooley Road, Capwell Road, Centre Park Road**, and the development underway on the **Marina / Blackrock** old railway line

However, there is much left to do. I lived in Amsterdam 1992-1999 and so have experience of what a cycle-friendly city can (should!) be - i accept this is aiming high from a low starting base: but I urge you to be ambitious!!

In particular, I would urge you to aim for a **CMATS target of 13% to 20%**. I urge you to create cycle routes - particularly here on the **Northside**. For instance, creating a route using **Wellinton Road - Ballyhooley Road - Old Youghal Road - Mayfield**; extending the new cycle lane on **Ballyhooley Road** back to **Dillons Cross** and out towards **White's Cross**. I further urge you to work closely with your County colleagues to prioritise the **Lee to Sea Greenway** - this will be a major boon to recreation cyclists like myself.

I would finally urge you to be creative - make urban living enjoyable as they've done in Amsterdam - facilitate **Car Free days**, community festivals, expand your excellent **Christmas Tree lights** to involve active participation by locals, etc.

Thank you.

---

**Documents Attached:** Níl